

LUNCH MENU 13/1-17/1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup – V Sweet Potato	Soup – V Carrot & Ginger	Soup – V Mushroom	Soup – V Sweet Potato	Soup – V Pumpkin
Legumes - Vegetables – V Lentils Grilled Vegetables	Legumes - Vegetables – V Lentils Grilled Vegetables	Legumes - Vegetables – V White Beans Boiled Vegetables	Legumes - Vegetables – V Aubergines, tomato & parmesan Lentils Boiled Vegetables	Legumes - Vegetables – V Lentils Boiled Vegetables
Pasta Penne with Tomato V Penne Pesto V Four cheeses farfalle	Pasta Penne with Tomato V Mac & Cheese V Orzo with Tomato	Pasta Penne with Tomato V Penne with Pesto V Penne Carbonara	Pasta Penne with Tomato V Mac & Cheese V Penne with Pesto V Spaghetti Bolognese Orzo with tomato	Pasta Penne with Tomato V Mac & Cheese V Penne Pesto V Noodles with vegetables V
Hot Grilled Chicken Breast Chicken Souvlaki Sweet & Sour Chicken Beef or chicken gyros Homemade Chicken strips	Hot Grilled Chicken Breast Chicken Souvlaki Teriyaki Chicken Beef or chicken gyros Homemade Chicken strips	Hot Grilled Chicken Breast Afelia Beef or chicken gyros Homemade Chicken strips	Hot Grilled Chicken Breast Chicken Souvlaki Chicken Korma Meat Balls Pork kebab in pita Homemade Hamburger Beef or chicken gyros Homemade Chicken strips	Hot Grilled Chicken Breast Chicken Souvlaki Sweet & Sour Chicken Pork kebab in pita Beef or chicken gyros Homemade Chicken strips
Side Dishes Rice Mozzarella Sticks French fries Curly Fries	Side Dishes Rice with vegetables Mozzarella Sticks French fries Curly Fries	Side Dishes Rice with vegetables Bulgur Pilaf Mozzarella Sticks French fries Curly Fries	Side Dishes Rice with vegetables Bulgur Pilaf Mozzarella Sticks French fries Curly Fries	Side Dishes Rice Potato Puree Mozzarella Sticks French fries Curly Fries